CARLA HAHN

SALAMINA EPIC RACE 2025

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COMING NEXT

30.03.2025 CIMTB HC ARAXA (BRA)

04. – 06.03.2025 UCI WORLD SERIES ARAXA (BRA)

11. - 13.03.2025 UCI WORLD SERIES ARAXA (BRA)

GREEK MTB SERIES SALAMINA EPIC RACE

After the training camp in Girona, I flew to Salamina in Greece. There, as always in spring, 5 races took place in 10 days. This means that if things go well, you can already score some points here to then start at the World Cups in the Shortrace (XCC). This in turn means that if you do well there, you start in the subsequent XCO race from the front starting rows. That's the plan. At the moment I'm still in preparation, as I completely missed the training month of January. So it was very exciting to find out what performance would be possible. The races on Salamina, an island off Piraeus, are very long, usually around 90 minutes. There were three C1. one C2 and one HC race. These are the categories that give different numbers of UCI points for the world ranking. The track has a long climb, otherwise it goes up and down, hanging, over jagged stones and a lot of loose forest floor.

In the C1 and C2 races, we U23 have to start with the elite women in one ranking, in the HC race there are separate races and rankings. On the first weekend I was 6th twice (C1) and once (C2) I was able to win. For the second weekend, a few more competitors arrived, as there was an HC race (more points). In the C1 race I was 5th. In the HC race I was able to improve again and became 1st. I am very happy with my performance, which I was able to improve over time. Now I'm going home for 2 weeks to then fly to Brazil for the first World Cups.

See you
CARLA
#Mission Part 5 #Runway2LA2028



otos Valentin Giessibl

